



Reframing - Orange

OTHERS MAY PERCEIVE ORANGE AS:

- Goofing off too much
- Manipulative
- Untrustworthy
- Unable to stay on task
- Scattered
- Taking unnecessary risks
- Resisting closure or decisions
- Obnoxious
- Immature
- Self-centered

ORANGE MAY PERCEIVE SELF AS:

- Flexible, easy-going
- Having a playful attitude
- Exploring new possibilities
- Clever, good negotiator
- Open to change
- Having many interests
- Able to do many things
- Adventurous, courageous
- Valuing freedom
- Bold, assertive
- Fun-loving, enjoying life
- Independent



Reframing - Gold

OTHERS MAY PERCEIVE GOLD AS:

- Rigid, inflexible
- Controlling, bossy
- Too serious
- Resistant to change
- Opinionated
- System-bound
- Lacking imagination
- Judgmental
- Boring
- Uptight
- Predictable

GOLD MAY PERCEIVE SELF AS:

- Consistent
- Providing structure
- Goal-oriented
- Firm or traditional
- Knowing right from wrong
- Loyal to organization
- Realistic
- Decisive, seeking closure
- Dependable
- Concerned about security
- Following a routine
- Having leadership ability



Reframing - Green

OTHERS MAY PERCEIVE GREEN AS:

- Arrogant, a know it all
- Cold, hard
- Insensitive
- Head in the clouds
- Cool, aloof, unfeeling
- Afraid to open up
- Critical, fault-finding
- Lacking compassion
- Unappreciative of others
- Intellectually demanding
- Argumentative
- Absent minded

GREEN MAY PERCEIVE SELF AS:

- Confident
- Mentally tough, strong
- Logical, rational
- Visionary, inventive
- Self-controlled
- Enjoying one's own company
- Good at analysis
- Objective
- Having ability to reprimand
- Having high expectations
- Knowledgeable
- Thinking deeply



Reframing - Blue

OTHERS MAY PERCEIVE BLUE AS:

- Very emotional
- Overly sensitive
- Mushy
- Too tender-hearted
- Easily persuaded
- Too nice
- Too trusting
- Smothering
- Too soft, too giving
- Weak
- Talking too much
- Illogical

BLUE MAY PERCEIVE SELF AS:

- Having feelings
- Compassionate
- Romantic
- Idealistic
- Empathetic
- Caring
- Seeing best in others
- Nurturing
- Liking to please people
- Wanting harmony
- Great communicator
- Valuing feelings